

Junior School Extra-Curricular Activities Programme



REPTON
DUBAI

Term 1 2023-2024

Wellbeing

Passions for sports, art and academics are incredibly important for children at any age. To find enjoyment in activities has a significant impact upon mental well-being, feelings of success and general outlook on life. Fundamentally, extracurricular activities allow your child to learn something that could stay with them for a lifetime. That skill could be the basis of a hobby or passion that enriches their life for many years to come. Anything from sports to music, could lead them to finding a passion and spending hours doing something they enjoy.

Beyond that, extracurricular activities instil key skills and personality traits that can be helpful as children mature. Sports are key to developing teamwork, leadership, and problem-solving skills. A musical instrument requires perseverance, hand-eye coordination and above all, creativity. These skills provide continued benefits long after their education is over.

Many of the skills that lie at the heart of extracurricular activities are present during academic subjects. Education requires solid problem-solving skills, memory, creativity, and critical thinking. Research suggests that there is a link between extracurricular participation and better academic performance. In one study, it was noted that core subjects like reading and maths were all positively influenced by children who engage in extracurricular activities.



The nature of many of Repton's extracurricular activities means that your child will be engaging with other children in a social setting. Away from the classroom setting, it is a good opportunity for them to mix with likeminded children in something they all enjoy. This gives them a chance to develop their social skills, meet new friends and become more confident communicating in groups. Extracurricular activities can also aid in the development of self-esteem and confidence. It is gratifying when we succeed in something we enjoy, especially after working hard to achieve it.

Make time to follow your passions and never let your hobbies and interests take a back seat.



What do our staff say about our ECA programme?

'Working in a school that provides such a range of ECAs is so refreshing. Enrichment is key to success! Learning doesn't just happen in the classroom.'

Miss Baig, Year 6.

'ECAs provide a sense of community and a broad range of opportunity for our students. Parents are so fortunate to have so many on offer.'

Miss Jenson, Year 3.

'There is always such a buzz after school ECAs end. It opens doors for so many children, allowing them to discover their passions and find new hobbies.'

Mrs McCall, Year 4.

'ECAs provide a sense of community and a broad range of opportunity for our students. Our sporting attributes are only made possible by our student's hard work and dedication to ECAs.'

Ms Clark, PE.

'Our students have been very fortunate to partake in world-renowned international competitions and it all started in our World Scholars ECA!'

Mr Colnbrook, Year 5.



'ECAs are paramount to a balanced successful school life.

When I see students feeling a sense of accomplishment or pride in their work, I know it was all worth it. Whether the ECA is crafts, sports or academics, they bring joy to students, staff and parents.

I look forward to seeing you in Term1.'

Miss Smith, ECA Coordinator

Parents/Guardians,

This booklet contains a short description of the ECAs available for the duration of Term 1, as well as some guidelines for signing up. Please take note of these before you and your child(ren) select your options.

Sign up process.

The sign up will be completed online using **School Cloud**.

We have used this system previously for ECA sign up and parent's evenings.

Here is the link- <https://reptondubai.schoolcloud.co.uk/>

Please ensure you can log into School Cloud before sign up opens on Friday 8th September.

Enter your details into all fields.

If you have any issues with signing into School Cloud, please contact portal@reptondubai.org for assistance.

Capacity of activities and absences

Please select up to **TWO** activities per child.

Once the maximum capacity has been reached, you will be unable to sign up for that particular ECA. Please select another ECA option.

Should you wish for your child to be placed on the waiting list for their chosen activity, please contact Miss Smith via the following email: junior.eca@reptondubai.org

We do not offer Repton ECAs for children in Reception (FS2) in Term 1. ECAs will be available in Term 2 and 3.

We do not offer Repton ECAs for children in Nursery (FS1).

Should, at any time, your child be unable to attend an activity, as a matter of courtesy, please inform your child's class teacher. We expect commitment from pupils once they have signed up for an activity. **If your child does not commit to the activity for TWO consecutive weeks, their space will be given to a pupil on the waiting list.**

Dates for your calendar

Friday 1 st September		Booklet sent to parents. Please peruse and choose activities with your child.
Friday 8 th September	9:30am onwards	Sign up will open- please see the staggered sign-up timings on the next page for your child's year group.
Tuesday 12 th September	5:00pm	Sign up will close.
Monday 18 th September	3:00pm	ECAs begin.
Friday 24 th November	12:00pm	ECAs end.

Please ensure that all choices are selected by the deadline above.

If you have any questions regarding any of the ECAs in this booklet, please contact Miss Smith at: junior.eca@reptondubai.org

Year Group Information and Sign-Up Timings

High levels of site traffic on School Cloud causes crashes and glitches.

To combat this, we stagger timings for sign up. We understand that this may mean you need to be online at different times however, it is the most suitable way to support the sign-up process on School Cloud.

Year Group	Sign Up Start Time
Year 1 and Year 2	9:30am
Year 3 and Year 4	10:00am
Year 5 and Year 6	10:30am

Using the School Bus

There is no longer a late bus operating after ECAs. Please make alternative arrangements for collection.

Collection Time

Pupils are expected to be collected promptly after activities at **4:00pm** from the Headmaster's playground. This is the garden area adjacent to the Junior School Reception.



Important Announcements

Future Leaders Years 2-6

The following ECA is invite only. This means that your child must have received an email to be invited.

If you have any questions regarding the Future Leaders Programme, please contact Ms Samah. samah.okal@reptondubai.org

Future Leaders takes place every Monday

Year 2	Future Leaders Programme	Ms Cantillon
Year 3-4	Future Leaders Programme	Ms Shehata
Years 5-6	Future Leaders Programme	Ms Samah

Student Council Years 1-6

Following on from the amazing success of last year's Student Council, we are very excited to announce this year's Student Council will run as an ECA for Year 1 all the way to Year 6.

Student Council is an opportunity for pupils to be leaders for their peers. This year, there will be different strands to our student council. Each strand is uniquely important for the school community. These are, Student Leadership and Charity. Our Eco strand is now a different ECA. Please see the next page for more information.

If you are a good listener, communicator, responsible and think you would be a good role model for Repton Junior School, we can't wait to see you in our ECA!



Junior Duke – Years 3-6

We are thrilled to announce the inclusion of the Junior Duke of Edinburgh, which is a Junior School age appropriate version of the Duke of Edinburgh Award.

For each year, from Year 3 to Year 6, there are fourteen different challenges. The challenges range from First Aid, exercise, domestic challenges, budgeting for packed lunches, fixing a puncture, building a fire, baking, cooking, washing sheets, making PowerPoints and public speaking, eco, knitting, litter-picking, cultural awareness, sustainability....all manner of things!

Sign up on School Cloud.
Limited spaces available.

Fees apply. (Approx 100dhs per child)



Eco Club Years 3-6

We are proud to announce a fantastic new Eco School Programme launching this term at Repton. This will run instead of the Eco strand of Student Council.

We are looking for amazing individuals to sign up for a sustainability opportunity like no other.

Please sign up on School Cloud to be involved in making Repton a more sustainable, eco- friendly school.

Sustainability is the FUTURE!

Prep Scholars and Repton Rockets

Our Maths, Science and English programmes will be selected in the first term.

These programmes will commence in Term 2.

For further information, contact Mr Glenn. William.glenn@reptondubai.org



Music at Repton

Monday After school- Repton Mini Choir- Year 1, Year 2 and Year 3

Sign up on School Cloud

Are you a brilliant singer? Can you follow the lyrics and sing beautifully? We are looking for someone like you to be in our Mini Choir.

Ms Mathias and Ms Connell

Tuesday After school- Songwriter's club

Sign up on School Cloud

Calling all young music enthusiasts! Join our Songwriter's Club and unlock your creative potential.

Learn how to write songs and gain some basic keyboard/piano skills to let your creativity shine through. Unleash the inner songwriter in you.

Ms December

Tuesday Lunchtime- The Repton Dancers- Year 5 and Year 6

Join Ms Mathias and dance your way to happiness every week! Get moving in unison with your friends in different styles of dance and choreograph a beautiful ensemble in preparation for upcoming productions and opportunities at Repton.

Ms Mathias

Thursday Lunchtime- The Repton Chorus- Year 4, Year 5 and Year 6

Learn all about breath control, singing posture, singing in harmony and making the most of your singing voices! If you would like to audition to be a part of this elite group of singers, please join us on Monday 18th September for the first round of auditions and don't forget to bring along your lunch.

Ms December and Ms Reeves.

Thursday After school-- Repton Junior Orchestra- Year 5 and Year 6

If your child is interested in joining, has their own instrument and is taking music lessons either in or outside of school, please contact Mr Tribble, Head of Music. mark.tribble@reptondubai.org to be involved in the Repton Junior Orchestra. This activity is not featured on School Cloud sign up.

Mr Tribble



Sport Squads

Trials will take place in the first two weeks of school. Invitations will be sent by end of sign up.

Please familiarise yourself with the days below and do not book clashing activities.

PLEASE STILL SIGN UP FOR AN ECA UNTIL YOU ARE NOTIFIED ABOUT WHETHER OR NOT YOUR CHILD HAS BEEN SUCCESSFULLY SELECTED FOR THE TEAMS. SOME INVITES MAY BE SENT LATER IN THE TERM IF YOUR CHILD IMPRESSES THE PE STAFF.

Training Days for Repton Sport Squads

Please note that all squads are invite only.

Boys Football	Year 3	Year 4	Year 5	Year 6
	THURSDAY	THURSDAY	TUESDAY	TUESDAY

Girls Netball	Year 3	Year 4	Year 5	Year 6
	THURSDAY	THURSDAY	TUESDAY	TUESDAY

SWIM SQUAD

6:30am-7.30am

Monday: Year 3 and 4

Wednesday: Year 5 and 6

3:00pm-4:00pm

Wednesday: Year 3 and Year 4

Monday: Year 5 and Year 6



New for 2023-2024

Enrich Me

Cognita ENRICH ME is a market-leading enrichment provision to support school curriculum, leading to a broader, higher quality learning experience for our students. Designed exclusively for our Cognita family of schools, the ENRICH ME programme brings the very best provision in football, swimming and netball, and provides many gifted & talented opportunities.

We are unique in many ways, such as, **low student to coach ratios, experienced coaches** and use of **cutting-edge technology** to enhance student experience. We are **exclusive to Cognita** schools and are **fully integrated within each school**.

ENRICH ME Football is a highly professional football programme designed by Cognita, exclusively for Cognita schools and students in Dubai. It offers extensive wrap-around support, including training and match analysis, testing, screening, and strength and conditioning. All data is then compiled into an Athlete Management System to build a profile of each player, which can then be used to tailor the delivery of lessons by our highly experienced coaches.

ENRICH ME Swimming is an integrated swimming programme, led by our dedicated and experienced swimming instructors who support students within their curriculum swimming sessions. This extends beyond the school day where they support the school Swimming Squads and extracurricular swimming sessions. All swimming provision is underpinned by the internationally recognised Swim England framework.

ENRICH ME Netball programme offers tailored training for students from FS2 to Year 13, focusing on personalized development with high-level coaching. It goes beyond on-court skills, teaching valuable life skills and providing pathways into local leagues for competitive play. Led by experienced UK coaches, ENRICH ME Netball aims to nurture the next generation of netball stars.

Booking Process:

SIGN UP LINK: <https://forms.office.com/e/2jxBsajrcu>

Any further questions regarding the sessions, please contact our programmes directly below.

ENRICH ME Netball: enrichmenetball@cognita.com

ENRICH ME Football: enrichmefootball@cognita.com

ENRICH ME Swimming: enrichmeswimming@cognita.com

Please see the schedule on the next page.

Enrich Me Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Years					
FS1 & FS2	FS1 & FS2 Swimming Various Times				
			FS1 Football 1:40 - 2:10		
			FS2 Football 2:50 - 3:35		FS2 Football 12:10 - 12:55
			FS2 Netball 2:50 - 3:35		
Keystage One					
Year 1 & 2	Swimming Various Times				
			Year 1 & 2 Football 3:00 – 4:00		Year 1 & 2 Football 12:10 – 1:10
			Year 1 & 2 Netball 3:00 – 4:00		
Keystage Two					
Year 3 & 4	Swimming Various Times				
			Year 3 - 4 Football 3:00 - 4:45		Year 3 - 4 Football 12:10 - 14:10
			Year 3 & 4 Netball 3:00 - 4:45		

Year 1 and Year 2

Monday

Construction	Time to use your fine motor skills to build something amazing. Use Lego, blocks and some other tools too to make your own imaginary towns, villages and even cities!	Ms Barcena and Ms Fulong
Art Super Stars	It's time to get imaginative with a returning favourite. Bring your artistic skills and imagination as we delve into colour and textiles.	Ms Tissaarachchi and Ms Sudario
Mini Choir	Are you a brilliant singer? Can you follow the lyrics and sing beautifully? We are looking for someone like you to be in our Mini Choir!	Ms O'Connell and MsMathias
Aerobics	Let's get moving together and make our heart, muscles and lungs work harder.	Ms Castillon and Ms Pangilinan
Student Council	If you are a good listener, communicator, responsible and think you would be a good role model for Repton Junior school, we cannot wait to see you in our ECA!	Mr Porter and Ms Baghdassarian

Tuesday

Chess	Develop your skills and game technique in this introduction to Chess.	Ms Arvelo and Ms Javeri
Zumba	Do you want to have fun and stay fit? Let's get moving with Zumba!	Ms Yap and Leonardo
Painting	Get creative and paint using our water colours and brushes to make some fabulous masterpieces to take home.	Ms Dalton and Ms Harjinder
Puzzle fun	Settle down with some fun number and word puzzles to test memory and challenge your mind.	Ms Keme and Ms Arora
Bonkers Bingo	Want to improve your number recognition, build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus? Then join us for bingo!	Ms Santos and Ms Kirby

Thursday

Drawing Masterclass	Bring your pens and pencils along to learn some new drawing skills.	Ms Jain and Ms Cano
Arabic Games	Come along to play some games in Arabic. Practise your Arabic and have some fun too!	Ms Kellawi and Ms Dano
Funky Fingers	Get your hands moving to improve your fine motor control, strengthen your hand muscles and improve your handwriting with lots of fun activities such as Hama beads, jewellery making and more!	Ms Gates
Repton Readers	Come along to the library to explore and enjoy a variety of fiction and non-fiction texts. Children will have the opportunity to discover new authors from the Emirates Literature Festival.	Ms Afolabi and Ms Pela
Multisports	Are you raring for fun sports, games and some healthy competition? Look no further than one of our most popular ECAs!	Ms Smyth and Mr Paskin

Year 3 and Year 4

	Monday AM	
Gymnastics	Point your toes, build your stamina, and train your flexibility in the gymnastics ECA.	Ms Smith
Monday		
Ballet beginners	Learn some simple ballet dancing moves and develop your own dances and rhythms. No prior experience is necessary. Bring your ballet slippers along for some fun.	Mrs McCall
Islamic Art	Islamic art is inspired by the word of the Quran. Enjoy this peaceful ECA and create beautiful floral, geometric designs using calligraphy skills.	Mr Shamma
Movie Club	Do you enjoy watching movies? Then this is the right club for you! Have the opportunity to participate in exciting discussions by sharing your own thoughts, reviewing movies, competing in quizzes and much more!	Mrs Durcan
Repton Readers	Come along to the library to explore and enjoy a variety of fiction and non-fiction texts. Children will have the opportunity to discover new authors from the Emirates Literature Festival.	Ms Lloyd
Student Council	If you are a good listener, communicator, responsible and think you would be a good role model for Repton Junior school, we cannot wait to see you in our ECA!	Mr Porter and Ms Talin
Tuesday		
Chess	Develop your skills and game technique; spend 15 minutes exploring chess moves that might give you the edge over your opponent, then put your skills to the test in a mini league and polish your game skills.	Mr Gunbie
Mindfulness Colouring	Cosmic colouring and relaxation to balance the mind and regain focus.	Ms Bengali and Ms Paul
Arabic Production Theatre	Coming soon... An amazing Arabic A production. Are you a budding actor with a talent for singing and dancing? Do you want to be on the stage? Then we NEED YOU!	Ms Naser and Ms Shaaben
Art and Design	Have you ever wanted to experiment with different forms of art and designs? Look no further in this super crafty ECA.	Ms Money
Junior Duke of Edinburgh	Join our SUPER popular ECA and gain independence, grow responsibility and become a better version of YOU!	Mr Dahir
Thursday		
The Little Author	You can become the author! Write your very own book and enhance your presentation using graphical tools for the characters and other objects using colours and different materials.	Ms Dean and Ms Jalico
Origami	Origami is not only unique but it is fun too. It is also a valuable method for developing vital skills. Get folding to create beautiful shapes and create some other beautiful paper folding masterpieces!	Ms Sabah and Ms Roye
Crazy Cursive	Polish up your fine motor skills to get that pen license you have been dreaming of!	Ms Unis
French Club	Are you someone who is a beginner to French? Would you like to develop your French language skills through songs and games? Then this is the elective for you!	Ms Nabli
Eco School Programme	We cannot wait for this new amazing eco club to begin. If you are passionate about sustainability, looking after our planet and being part of this exciting project, sign up now!	Ms Leslie and Ms Johnston
Multisports	Are you raring for fun sports, games and some healthy competition? Look no further than one of our most popular ECAs!	Ms Naughton and Ms Bricker

Friday AM		
Junior Cricket	Step up to bat, bowl and become a cricket super star.	Mr Clark and Mr Barton-Ellington

Year 5 and Year 6		
Monday		
Non-Cook Cookery	Perhaps you envision yourself as a master chef or top baker in the future? Start here with us! Learn how to create recipes and make something that doesn't require any cooking.	Mrs Korkekaas
Chess	Develop your skills and game technique; spend 15 minutes exploring chess moves that might give you the edge over your opponent, then put your skills to the test in a mini league and polish your game skills.	Mr Jacques
World Scholars Cup	We need you to be involved in our World Scholars Team here at Repton. We are looking for enthusiastic individuals to compete individually and in groups to answer general knowledge questions on different topics.	Mr Colnbrook
Arabic Production	Coming soon... An amazing Arabic A production. Are you a budding actor with a talent for singing and dancing? Do you want to be on the stage? Then we NEED YOU!	Ms Mansour and Ms Arrobb
Student Council	If you are a good listener, communicator, responsible and think you would be a good role model for Repton Junior school, we can't wait to see you in our ECA!	Mr Porter and Ms Baghdassarian
Tuesday AM		
Morning Netball Development	Come along to practise your netball every Tuesday morning. This ECA is perfect for beginners or even squad members, who want the extra practise.	Ms Menzies
Tuesday		
Artistic Impressions	Have you always wanted to become better at drawing? Not sure where to begin? Come along to this ECA to develop your techniques.	Ms Atamian
Song Writers Club	Calling all young music enthusiasts! Join our Songwriter's Club and unlock your creative potential. Learn how to write songs and gain some basic keyboard/piano skills to let your creativity shine through. Unleash the inner songwriter in you.	Ms December
Junior Duke of Edinburgh	Join our SUPER popular ECA and gain independence, grow responsibility and become a better version of YOU!	Mr Dahir
Ken Ken	Deriving from the Japanese word for cleverness, Ken Ken trains your brain in logic and puzzles. Sign up for this club for challenges to improve your brain power	Ms Jenson

Harry Potter Club	Are you a Potter head? Hooked on Harry Potter and desperate for magic and much more? Join this reading club and delve into the magical mysteries of Hogwarts.	Ms Baig
Thursday AM		
Boys Football Development	Polish up your football skills. Tackle, pass and score some goals whilst developing your technique.	Mr Cuddihy and Mr Doyle
Thursday		
Drama with Crafts	Enjoy craft activities using different exciting and materials and techniques to make props for your very own dramatic productions.	Ms Hala
Creative Writers	Do you want to go beyond traditional writing? Explore your thoughts, emotions and ideas through the power of words.	Ms Keown
Maths Mania	Come along to Maths Mania for fun ways to improve your mathematical mind and build your confidence ready for The Olympiad.	Ms Benjamin
Eco School Programme	We cannot wait for this new amazing eco club to begin. If you are passionate about sustainability, looking after our planet and being part of this exciting project, sign up now!	Mr Fahim
Repton Junior Orchestra	Calling all musicians with their own instruments! Beginners and advanced welcome to join. Please contact Mr Tribble for sign up. This activity is not on School Cloud. mark.tribble@reptondubai.org	Mr Tribble

Friday AM

Junior Cricket	Step up to bat, bowl and become a cricket super star.	Mr Clark and Mr Barton-Ellington
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Parent Involvement

Our Parent ECAs will begin in Term 2. Look out for opportunities in our Term 2 booklet.

In the meantime, if you are interested in supporting one of our fabulous ECAs, you can volunteer by getting in touch with Ms Smith. Please express your interest by emailing: junior.eca@reptondubai.org

